

**PARKER 724-399-2828**

# January

**Armstrong**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>New Year's Day</b>  <b>CLOSED</b>		
<i>*menu subject to change</i>				
Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 White Bread Fresh Fruit	Chicken Bacon Carbonara (3oz Chicken, 1/2oz Bacon) 1/2c Pasta 1/2c California Blend Vegetables 1 Breadstick 1/2c Mandarin Oranges			
SWEET/SOUR PORK 1/2C. RICE 1/2C. BROCCILI/CAULIFLOWER FRESH FRUIT	Italian Burger (Peppers, Onions, White Cheese) 1c Creamy Potato Soup 1 Hamburger Roll Seasonal Fresh Fruit			
<b>CLOSED</b> <b>MARTIN LUTHER KING DAY</b>	Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin			
Chicken Bruschetta 1/2c Pesto Pasta 1/2c Lima Beans 1 Dinner Roll Fresh Fruit	Creamy Parmesan Pork Chop 1/2c Cubed Potatoes 1/2c Cauliflower 1 Wheat Bread Cake w/ Icing			

CALL THE DAY BEFORE TO RESERVE A MEAL 724-548-3290 OR 800-368-1066