

# Home Delivered Meals

## Service for AAA- Meal Delivery

As a recipient of home-delivered meals, you will receive home delivery of meals (weather permitting) either two (2) or one (1) time per week on a regular schedule.

## Delivery Times

Home-Delivered meals are provided to cover the mid-day meal. In more heavily populated areas, the delivery times of the meals may vary, sometimes as much as 1/2 hour, particularly during bad weather. If 1/2 hour has passed beyond your normal meal delivery time, you may call the Area Agency on Aging to determine if a problem exists.

Unless there is verbal or visual contact with consumer, the meal will not be left unattended.

## Meal Cancellations by Consumers

Consumers who wish to cancel meals should contact the Area Agency on Aging by noon on the day preceding the day(s) of cancellation. **1-800-368-1066**.

## Inclement Weather

On occasion when the weather causes hazardous driving conditions, we may not be able to arrange for your meals to be delivered.

The Agency on Aging does provide "shelf meals" to be retained by home-delivered meal consumers for use during occurrences when meal delivery isn't possible. A shelf meal is a meal packaged for ordinary shelf storage and can be prepared with minimal effort for consumption when inclement weather prohibits delivery.

Regardless, it is suggested that meal recipients maintain at least a five-day supply of easily-prepared foods that have an extended shelf life, so as to be certain of adequate food in case of emergency weather conditions.

## Donations

The actual cost to the Agency for each meal is \$6.40 plus delivery costs where applicable. Although there is no charge to consumers for the meals, there is a suggested voluntary contribution range of \$1.25 to \$1.50 per meal. Self-addressed and contribution envelopes are provided monthly.

## **Diets**

A registered dietician plans all menus to assure balanced nutrition. For diabetic consumers the agency can, upon consumer request, substitute fruits in place of desserts.

## **Re-Evaluation of Continued Eligibility**

The Agency's casework staff will contact you annually to arrange to visit your home for re-evaluation of your eligibility for the home-delivered meals. Continued eligibility is based on consumer being unable to prepare meals, having no assistance with meals or any other source of getting meals or financially unable to purchase consumable goods. If your condition improves, you must report this to your care manager, who will re-evaluate your need/eligibility for service.

## **Guidelines for Meal Deliveries**

- Delivery person must have verbal or visual contact with consumer for every meal delivery
- Delivery person cannot leave meal unattended (such as a porch or hallway)
- Delivery person is not permitted to accept donations or collect contribution envelopes