

## **AGENCY ON AGING SERVICES AND PROGRAMS:**

The Armstrong County Area Agency on Aging provides services to Armstrong County residents primarily age 60 and over, governed by the Older Americans Act and in accordance with the PA Department of Aging regulations. There is a mandatory cost-sharing requirement associated with certain services, which may affect some consumers. (Home-Delivered Meals are exempt from cost sharing). The following services are available through the Agency on Aging directly or through subcontract:

**Please note:** Individual brochures are available on request for most services listed providing detailed information. All Services listed with a red asterisk (\*) require assessment/eligibility through care management unit.

### **APPRISE PROGRAM:**

Program provides medical insurance counseling by appointment.

### **\*ASSESSMENT:**

Provides assessment, care management and services to eligible persons needing assistance to maintain independent living within the community, as well as to those who wish to access placement in a facility.

### **◇ \*SPECIALIZED UNIT:**

Provides pre-admission assessments to determine level of care for persons age 18 and over, applying for Medicaid Assistance for nursing home care or for those persons currently receiving or requesting SSI Supplements for Personal Care Homes or Domiciliary Care Home placement. Pre-admission assessments are also completed for all nursing home applicants.

### **\*CARE MANAGEMENT:**

Provides an in-home visit by a Care Manager for persons age 60 and over, to complete an assessment for those requesting general services in the community.

### **\*CAREGIVER SUPPORT PROGRAM:**

Provides supportive services to Caregivers of older adults, individuals with Alzheimer's Disease or other chronic dementia, as well as grandparents and other relatives aged 55 and older who are raising grandchildren or caring for adults with disabilities. It provides resources and

assistance to individuals who assume primary responsibility for the provision of care in order to help alleviate the stress associated with caregiving and support the caregiving relationship by focusing on the Caregiver's well-being. Access to respite services is encouraged, and financial reimbursement for caregiving-related services and supplies is allowed. CSP services include care management, benefits counseling, Caregiver education and training, and Caregiver reimbursement. Services are subject to eligibility requirements.

**\*HOME-DELIVERED MEALS:**

Delivers meals on pre-established routes to individuals, who are unable to cook for themselves, and have no other person's resources available to them. Home- Delivered Meals are not affiliated with "Meals on Wheels" Program.

**\*OPTIONS SERVICES:**

Assists authorized consumers who have been assessed and have been determined to have difficulty in carrying out activities of daily living. Services do not displace help provided by family, friends and other available supports.

- **HOME SUPPORT:** assistance with light house cleaning, laundry, errands.
- **PERSONAL CARE SERVICES:** Provides services to consumers who are unable to fully meet their needs, such as bathing, grooming, dressing, and etc.

**INFORMATION & REFERRAL:**

Provides information on Agency services, help with benefits applications such as PACE or Rent/Property Tax Rebates, and provides information/referrals for other service agencies/providers.

**\* LEGAL SERVICES:**

Provides legal counseling and representation to those in greatest social and economic need, where other resources are not available in areas such as: wills living wills, powers of attorney, tenant in tenant/landlord relations, representation for financial benefit, consumer complaints, bankruptcy and protection from abuse (PFA) and more. (Legal Services do not include any type of fee generating suits, property transfers, divorces, probating of wills, representation of landlord in disputes, and criminal cases).

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**OMBUDSMAN PROGRAM** → Access this specialized program directly by calling:  
**724-859-8661 or 833-897-6732.**

Program provides a trained worker to investigate and resolve complaints for both long-term care providers and consumers of long-term services. Providers include nursing homes, licensed personal care homes, formal and informal providers of in-home services. Consumers include those residing in facilities or in the community.

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**OUTREACH:**

Program locates isolated seniors, via door-to-door contacts, providing information and linkage with appropriate Agency services.

**\*ADULT DAY SERVICES, EMERGENCY SERVICES & PERSONAL EMERGENCY RESPONSE SYSTEM:**

Provides services in accordance with consumers' care plans.

**\*PLACEMENT/DOMICILIARY CARE:**

Program provides assistance in locating appropriate certified facilities for age 18+ who can't live independently, but who don't need nursing care. (A Domiciliary Care Home offers a family type setting).

**\*PROTECTIVE SERVICES (Elder Abuse):**

Provides specialized, trained casework staff to investigate and remedy situations of abuse, neglect, exploitation, abandonment and/or other circumstances creating an imminent risk of serious harm to person or possessions.

Reports (anonymous if necessary), may be made 24 hours a day, seven days a week at (724)548-3290 or 1-800-732-6618.

**SENIOR CENTER SERVICES:**

Center Services are available at any of the 10 Senior Centers and 2 Satellite Centers operated in Armstrong County.

- ❖ Congregate meals - noontime hot meals meet 1/3 of recommended daily dietary allowances for older adults.
- ❖ Social and recreational activities.
- ❖ Educational programming.
- ❖ Health and Wellness programs covering a range of health related topics.
- ❖ Health Screenings—regularly scheduled blood pressure and general health checks by R.N.
- ❖ Care Managers - regularly scheduled group presentations and individual meetings.

Contact your local center for congregate meal reservations. Reservations must be made one day in advance by 11:30 AM.

**The following Centers are open Monday through Friday (normally 8:00 AM—2:00 PM)**

- **APOLLO SENIOR COMMUNITY CENTER**  
Hose Co. #3  
707 N. 5<sup>th</sup> Street  
Apollo, PA 15613  
(724) 478-1410
- **DAYTON SENIOR COMMUNITY CENTER**  
American Legion  
134 N. Milton Street  
Dayton, PA 16222  
(814) 257-0103
- **FORD CITY SENIOR COMMUNITY CENTER**  
421 Ninth Street  
Ford City, PA 16226  
(724) 763-2660
- **FREEPORT SENIOR COMMUNITY CENTER**  
VFW Building  
102 Fifth Avenue  
Freeport, PA 16229  
(724) 295-4380
- **KITTANNING SENIOR COMMUNITY CENTER**  
125 Queen Street  
Kittanning, PA 16201  
(724) 543-2773
- **LEECHBURG SENIOR COMMUNITY CENTER**  
Parks Twp. Firehall  
1119 Dalmatian Drive  
Vandergrift, PA 15690  
(724)567-5359

- **WORTHINGTON SENIOR COMMUNITY CENTER**

Civic Center  
218 E. Main Street  
Worthington, PA 16262  
(724) 297-3668

**The following Centers are open as listed, generally from 8:00 AM to 2:00 PM:**

- **ELDERTON SENIOR COMMUNITY CENTER**

Bethesda Lutheran Srv.  
309 E. Saltwork Street  
Elderton, PA (724) 354-4341  
Open: Monday, Wednesday and Thursday

- **PARKER SENIOR COMMUNITY CENTER**

Community Building  
204 S. Wayne Street  
Parker, PA 16049  
(724) 399-2828  
Open: Monday, Tuesday, Wednesday and Thursday

- **BRADY'S BEND SATELLITE SENIOR COMMUNITY CENTER**

American Legion  
975 State Route 68  
East Brady, PA 16028  
(724) 526-5110  
Open: Monday and Wednesday

- **DISTANT SATELLITE SENIOR COMMUNITY CENTER**

Distant Firehall  
2239 Madison Road  
Distant, PA 16223  
(814) 275-2101  
Open: Thursday

**SPECIAL PROGRAMS/EVENTS:**

- National Volunteer Week - April
- Older Americans Month - May
- Spelling Bee - May
- Farmer's Market Voucher Program - June
- Senior Games - June
- All Centers' Picnic – August or September.
- Caregiver Summit - November

## **TRANSPORTATION SERVICES:**

- **CENTER TRANSPORTATION:** Sponsorship of group transportation to and from the Apollo, Brady's Bend, Dayton, Distant, Elderton, Ford City, Kittanning, Leechburg, Rural Valley and Worthington Senior/Satellite Centers and for center related programs and activities.

**Please Note:** Center and center related transportation requires 24 hour-notice reservation. Rider co-pays apply for trips.

- **MEDICAL TRANSPORTATION:** Sponsors transportation for medical services for persons:
  - Age 65 and older
  - Age 60+ with a life threatening illness
  - Age 60+ who are Veterans

Medical trips are only sponsored for those who do not drive or have access to any other transportation. Trips available within Armstrong County and designated out-of-county locations.

**Please note:** Medical transportation requires Agency on Aging preauthorization for referral.) Medical transportation requires 48 hour-notice prior to appointment. Rider co-pays apply for trips.

## **VOLUNTEER SERVICES:**

Program provides and promotes volunteer opportunities within the Agency on Aging network. Persons interesting in volunteering may be of any age.